



**GURU GIAN**

YOGIC WISDOM



BECOME A  
SUCCESSFUL COACH  
USING A LIMITED  
AMOUNT OF  
MARKETING

# KUNDALINI YOGA COACHING

LEVEL 1 AUSTRIA



FOR EVERYONE  
WHO WANTS TO  
DEEPEN THEIR  
KUNDALINI YOGA  
EXPERIENCE OR LIKE  
TO BECOME A  
SPIRITUAL COACH



FOR YOGA TEACHERS WHO  
WANT TO WORK 1-ON-1 WITH  
PEOPLE OR WOULD LIKE  
TO INCREASE THEIR INCOME



## WHAT WILL YOU BE LEARNING?

- TO BUILD UP A DAILY KUNDALINI YOGA PRACTICE FOR YOU AND YOUR CLIENTS.
- 18 MOST IMPORTANT SELF-COACHING QUESTIONS.
- 30 INSPIRING PRINCIPLES TO BECOME A SUCCESSFUL COACH.
- A FULLY SCRIPTED INTAKE WHICH SAVES YOU FROM SELLING A PROGRAM.
- A POWERFUL YOGIC TECHNIQUE TO OVERCOME LIMITING THOUGHTS.
- 4 ESSENTIAL STEPS TO CREATE CLIENTS AS A STARTING COACH.
- 53 KUNDALINI YOGA & MEDITATION EXERCISES.
- 4 WAYS TO CHOOSE THE BEST KRIYA FOR YOUR CLIENTS (AND YOURSELF).
- HOW YOU CAN USE YOUR INTUITION IN A PRACTICAL WAY.
- EFFECTIVE MINDSETS TO COACH WITH PLEASURE AND CONFIDENCE HAVING THE COURAGE TO ASK FOR MONEY.
- TO CONNECT WITH THE SPIRITUAL KUNDALINI YOGI TRADITION, SO INFINITY SUPPORTS YOUR DEVELOPMENT.

"TODAY I HAD MY FIRST 2 INTAKES WITH 'REAL' CLIENTS AND BOTH OF THEM BOOKED A 6 MONTH COACHING PROGRAM. THAT IS PRETTY AMAZING! THANK YOU SO MUCH FOR SHARING THESE GREAT TECHNIQUES WITH ME!"

- LAKSHMI GIAN KAUR

## DATES & LOCATION

- WEEK 1: 30 OCTOBER - 3 NOVEMBER 2019
- WEEK 2: 15 - 19 APRIL 2020

MILLSTÄTTER SEE  
SEEBODEN, CARINTHIA



## TEAM

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